

Keep it loose. Don't stuff containers into one another before tossing them in the bin.

SimplyRecycle.ca

APPLY NOW FOR SEPTEMBER 2015

- GRAPHIC & PRINT TECHNICIAN
- INDUSTRIAL ELECTRONICS
- MOTOSPORT TECHNICIAN
- NETWORK & COMPUTER TECHNOLOGY
- TECHNICAL DRAFTING



For more info, visit MITT.ca or call 204.989.6500







POLLEY TAKES ON LITTLE WOMEN Your essential daily news | thursday, April 16, 2015

High 17°C/Low 5°C Sunny

0

City council won't stop its prayers

SUPREME COURT

No change with 'Peg council, despite ruling in Quebec



Elisha **Dacey** Metro | Winnipeg

Despite a ruling from the country's top court forbidding prayers before a city's municipal council meetings in Quebec, prayer will continue at Winnipeg City Hall before council meetings for now.

A spokesperson for the City of Winnipeg said the city clerk's office is looking into the issue, but, for now, "nothing changes."

The Supreme Court ruled Wednesday that Catholic prayers can't be recited before municipal council meetings in Saguenay, Que.

The reading of a Catholic prayer at council meetings infringes on freedom of conscience and religion, the court said.

The state must instead remain neutral in this regard."

The City of Winnipeg does not recite a Catholic prayer — it is a non-denominational prayer that changes every meeting. A different councillor recites one their choosing at each city council meeting, said city administrators.

While Winnipeg will continue with a prayer before meetings, Ottawa Mayor Jim Watson suspended prayers at a city council meeting Wednesday pending a review of the decision, while the mayor of Levis, Que., said he'll do the same at a council meeting next week.

The ruling ended an eight-year legal battle that pitted atheist Alain Simoneau and a secularrights organization against Saguenay Mayor Jean Tremblay. WITH FILES FROM THE CANADIAN PRESS



Go big and go Jets

A group of fans gathered in front of the MTS Centre on Wednesday, complete with giant cutout heads of Winnipeg Jets Ondrej Pavelec and Dustin Byfuglien. More coverage in news and sports. EVA WASNEY/METRO







SSW... SWEARD SUBMIT YOUR DESIGN AT MINT. CA. CANADO SSW...

ONLY 15 DAYS LEFT

MY CANADA, MY INSPIRATION

COIN DESIGN CONTEST

Submit your coin design **before April 30, 2015** and it could appear on a 2017 circulation coin, in celebration of Canada's 150th anniversary.

Submit at mint.ca/Canada150

No purchase necessary. Contest open to all Canadian residents. Complete rules and regulations at mint.ca/Canada150.

Your essential daily news

Only real Jets fans give firstborn to the team

Iett Welwood arrives in time for the playoffs

Wasney For Metro | Winnipeg

The Winnipeg Jets have a brand-new, eight-pound fan to cheer them on.

Jett Welwood came into the world just in time for the Stanley Cup playoffs — which is fitting, since he's named after Winnipeg's home team.

Jets fans and new parents Justine and Jeremy Welwood knew they wanted to name their baby boy after the team early on.

"I always liked the name Jett, and when we got the Jets back I started thinking it would be a pretty good name for a boy," said Justine. The Welwood's didn't know

the sex of the baby before he was born, but Justine said the name felt right as soon as she saw him. If the baby had been a girl, she would have had a different name.

Jett is the couple's first

child and arrived on Monday at 8:04 p.m. at St. Boniface Hospital.

The family immediately started celebrating the hockey coincidence.

We had him dressed in all white right away at the hospital," said Jeremy.

Jett is a little too young to appreciate the timeliness of his birthday, but his dad is thrilled.

"I think it's perfect timing. He came out right in between regular season and playoffs," he said.

While both parents like the Jets, Justine admits her husband is the bigger hockey fan. "Jeremy plays hockey and

he loves sports, so it's pretty fitting," said Justine.

Justine and Jeremy plan to get Jett involved with sports when he's old enough, but they aren't set on hockey.

"I would love to get the skates on him pretty early, but we would never force him,' said Jeremy.

"I'm so happy we can watch the first game with him."

The new family plans to snuggle on their couch while they watch the Jets take on the Anaheim Ducks tonight.





New parents Jeremy and Justine Welwood hold baby Jett, who was named after the couple's favourite National Hockey League team. EVA WASNEY/FOR METRO

Beware of fake tickets

As Winnipeg's first home play-off game in nearly two decades approaches, some Jets fans are turning to websites like Kijiji to find tickets to the sold-out game.

But Winnipeg police warn it's buyer beware when it comes to online ticket-sellers.

"If they're making contact with someone on a website, you never know what the intentions are of the person on the other end," said spokesman Const. Jason Michalyshen. "We always recommend people purchase tickets through confirmed sources and having a third-party that can verify that the tickets are legitimate.

The Jets said this week that they're cracking down on ticket fraud and illegal resale by not issuing paper tickets until two hours before each home playoff game.

Fans who want into the arena early can swipe the credit card they used to buy their tickets or use electronic tickets on their wireless device.

That didn't stop dozens of fans from posting ads on Kijiji looking for tickets Wednesday.

One of those fans, Saskatoon firefighter Jay Tomchuk, 29, said he'd pay as much as \$400 for a nosebleed seat at Monday's game.

He added Jets fans don't seem too eager to let go of their tickets, even at the markup.
"The only response I've got

was a reporter from Winnipeg,' he laughed over the phone. SHANE GIBSON/METRO

Daily Specials at Joey's Restaurants



Thursday

Taco Thursdays \$14.00

Enjoy our unlimited fish taco special, every Thursday and enjoy unlimited deliciousness.

Sunday 1pc Cod & Chips **\$9.49**

> An East Coast favourite served with Coleslaw.

1615 Regent Ave 3421 Portage Ave

Franchise Opportunities

204.257.7544 204.668.7021 204.889.0346

1399 McPhillips St 204.339.5525 19-584 Pembina Hwy **204.452.7071** Not valid with other offers.

1.800.661.2123.





Sales remained brisk on Wednesday at the Jets Gear store, where a lineup could be seen and numerous shoppers were coming out of the store with white gear in hand. Game 1 against the Anaheim Ducks is Thursday. THE CANADIAN PRESS/FILE

Whiteout watching

Businesses are jumping on the playoff bandwagon

Eva Wasney Metro | Winnipeg

The start of the Stanley Cup playoffs means a lot of Winnipeggers are wearing white and looking for somewhere to watch the game tonight.

"We're looking for some-where downtown," said Jets

fan Edie Parisian. "It would be nice to watch it with a bunch of people.

The citywide Whiteout has businesses, other than the typical sports bars, planning to show the game.

"It's the first time we've ever done something like this, but we just have to and we want to," said John Scoles, owner of Times Change(d) High and Lonesome Club.

Times Change(d), located on Main Street, will be showing all four playoff games and Scoles said he plans to open next Monday and Wednesday for a special screening on a rented 60-inch screen.

Our regulars are excited because it's something different.

John Scoles

The bar will open an hour before game time and capacity is 85 people.

The Park Theatre on Osborne Street is also showing the game on the venue's 23foot screen. The Park's 250 seats and selection of local beers might also be a draw for some, although owner Erick

Casselman says all ages can attend.

For fans who would like to be as close to Portage and Main as possible, the Fairmont Winnipeg hotel will be showing as many games as possible in its VG Lounge.

"We're very excited that the Jets are in the playoffs and we wanted to be involved in supporting them," said Pascale Rocher, marketing manager at the Fairmont.

The hotel's lounge is equipped with 150-inch screens and is offering food specials and free parking for anyone who spends more than

Assaulted girl taken off life support

A 15-year-old Winnipeg girl who was seriously assaulted while in government care has been taken off life support.

Derek Nepinak, chief of the Assembly of Manitoba Chiefs, says the girl's family gathered at the hospital and made the agonizing decision Wednesday.

He says the family was at her bedside and has asked for

The girl was beaten and left for dead at a parkade in downtown Winnipeg on April 1.

Police charged a 15-year-old boy with aggravated assault and aggravated sexual assault.

Both teens were in foster care and were being housed in the same downtown hotel.

'They are at her bedside now in a heartbreaking situation,' Nepinak said Wednesday night.

The attack prompted Manitoba Family Services Minister Kerri Irvin-Ross to promise to stop housing foster children in hotels by June 1.

THE CANADIAN PRESS

FAMILY SERVICES

Province to address kids in jail: Premier

Manitoba Premier Greg Selinger says he's concerned about complaints that children in government care are languishing in jail because of a lack of foster homes.

Children's advocate Darlene MacDonald told The Canadian Press this week that she receives calls from judges who want to release youths from police custody, but can't because there is nowhere for them to go. Others who work in the justice system say once a child is in custody, Child and Family Services doesn't move quickly enough to find a placement.

Selinger said the Family Services Department is looking into the matter.

"If there are any children staying in any kind of correctional facility longer than necessary, we want to make sure that's not the case, and that we get children in safe, community environments with their families as quickly as possible," he said.

Grand Chief Derek Nepinak with the Assembly of Manitoba Chiefs said he has raised the issue with the justice and family services departments, but no action has been taken.

If the government didn't know this was going on before now, that highlights an even more serious problem, Nepinak suggested.

Family Services Minister Kerri Irvin-Ross has declined repeated interview requests on the matter. Her spokesperson, Rachel Morgan, said in an emailed statement that youth in custody have complex needs and often require counselling, addiction treatment or help leaving gangs.

THE CANADIAN PRESS

Two-day sale. Get some of this year's best savings.*

Limited seats available. With prices this low, they'll be sure to go. Last day to save.

Book today at westjet.com or call your travel agent.





metr@NEWS | Winnipeg Thursday, April 16, 2015



A memorial on the Alexander Docks for Tina Fontaine.

Alexander **Docks shut** over safety

INFRASTRUCTURE

City decision follows winter engineering assessment

The City of Winnipeg is closing the Alexander Docks over safety

A release from the city sent to media Wednesday says an engineering assessment of the underside of the wooden docks done over the winter has shown it is unsafe for public use.

The city has put fencing and barricades around the docks to prevent access from both the riverbank and the Red River.

A memorial that had been set up for Tina Fontaine on the docks has been relocated with the help of Chief Derek Henderson of the Sagkeeng First Nation, who acted as a liaison with the Tina's home community, according to the release.

City officials are working to access options for the future of the docks. They also said they are working with M.S. River Rouge owner Kyriakos Vogiatzakis to find another location to moor the river boat.

However, officials said there are few places, both public and private, that can accommodate a boat of that size.

🛑 IN BRIEF

Sherbrook Pool proceeds swimmingly

Repairs to the Sherbrook Pool remain on time and on budget, according to city

In an update to the property and development committee on Tuesday, administrative staff said designs have been completed and construction will start shortly on the 80-year-old facility.

If no other problems are uncovered, the facility should be ready to be re-opened to the public in late 2015 or early 2016. COLIN FAST/FOR METRO

Antenna regulations pushed back

A new city policy on installing antennas on private or public property will wait

at least another month to be finalized.

While the property and development committee heard from several amateur radio operators on the policy, councillors actually spent most of their time discussing new federal regulations guiding the construction of cellphone towers.

Coun. Russ Wyatt was critical of the regulations and said they give no power to municipalities over where towers are located.

The committee held over a decision on the city's policy until legal language could be drafted that would require anyone to inform the area councillor before starting an antenna project. COLIN FAST/FOR METRO

Timeline of cancelled 911 call wrong: Police

Police now say the cancelled call for service to a downtown nightclub last May - originally thought to have been cancelled by 911 staff minutes before a man was shot and killed - was actually cancelled seconds after police were called to the shooting.

Two days after Rustom Vito Paclipan, 23, was shot and killed as he left Opera Ultralounge around 2 a.m. on May 4, 2014, Chief Devon

Clunis started an investigation into why an earlier call for service to the club from employees - worried a fight started inside would spill into the street - had been cancelled.

At the time the chief said the call, which was received at 1:42 a.m., had been cancelled at 1:59 a.m., four minutes before he said police were called to the shooting at 2:03 a.m.

He said no patrol units were

available to dispatch for 17 minutes after the initial call.

After investigating for a month shy of a year, police gave a new timeline of events on Wednesday, saying the call about the shooting actually came in at 1:59:38 a.m., seven seconds before the original call for service was cancelled at 1:59:45 a.m.

A police spokesperson couldn't say why the original timeline was wrong.

Clunis said Wednesday the review found Winnipeg police personnel followed policy, but he added recommendations made since the incident will be implemented to "ensure clear guidelines exist for the cancellation of calls for service."

SHANE GIBSON/METRO



MORE ONLINE metronews.ca



Metalfest back up to speed

BACKSTAGE PASS

Canadian thrash legends headline the return of event



Jared Story Metro | Winnipeg

Two of Canada's greatest speed merchants headline Manitoba Metalfest 2015.

The 12th edition of the festival — Friday and Saturday at the Park Theatre — features true north thrash pioneers Razor and Sacrifice. In Canadian heavy metal circles, the two headbanging bands are often mentioned in the same breath as Metallica and Slayer.

After putting Manitoba Metalfest on the shelf for a few years, festival producer Cory Thomas said booking the gruesome thrash twosome is the main reason for the headbanger homecoming.

"I got burned pretty bad on (Manitoba Metalfest 2012). I lost a bunch of money



Canadian thrash legends Razor, pictured, and Sacrifice headline Manitoba Metalfest, CONTRIBUTED

and I always said I would stop the first time I lost, so I took a little time off," said Thomas. "I'd constantly get messages from people in the scene, even across Canada: 'When are you going to bring Metalfest back?' I thought if I could ever get Razor and Sacrifice, two of Canada's most legendary metal bands, to play together, then we'll bring Metalfest back.

"I always hear about this show they did at Le Rendez-Vous (a defunct St. Boniface venue) twentysomething years ago, how it was one of the craziest shows to ever hit Winnipeg." It's an all-Canadian lineup at Manitoba MetalFest 2015. In addition to Razor and Sacrifice, the festival features Regina's Into Eternity, Saskatoon's Untimely Demise and Edmonton's Begrime Exemious, as well as Manitoba metallers Tyrant's Demise, Psychotic Garden-

ing and Besieged.

"Total labour of love," said Thomas, who plays drums in Untimely Demise, on why he produces the festival. "Each year I keep talking about quitting because it gets so stressful. You're rolling the dice every fricking time, but the scene has responded.

"It shows in the ticket sales. This (Metalfest) is the most I've ever sold across Canada. We've sold tickets in Toronto, Vancouver and Edmonton. People are coming from all over. I love it."

Manitoba Metalfest 2015 goes down Friday and Saturday at the Park Theatre. Friday's show starts at 6 p.m. and features Into Eternity, Tyrant's Demise, Psychotic Gardening, Laika and the Brugada Effect.

Saturday's show starts at 8 p.m. and features Razor, Sacrifice, Besieged, Untimely Demise, Begrime Exemious, Entity, Death Toll Rising and Ossific. Tickets are \$15 for Friday and \$40 for Saturday and are available at Music Trader and ticketfly.com. Both shows are all-ages.

IN BRIEF

Rana Bokhari to take

a run at legislature seat

Manitoba Liberal Leader Rana Bokhari has announced she plans to run for a legislature seat in the Fort Rouge constituency in Winnipeg.

Bokhari, a lawyer, was chosen Liberal leader in 2013 but has never held public office.

She had been under pressure from some party members to run in recent byelections to gain a legislature seat, but is holding off until the provincial election set for next April.

Fort Rouge has been held by the NDP since 1999, but voted Liberal for much of the 1970s and '80s.

Fort Rouge is currently represented by Jennifer Howard, one of five former NDP cabinet ministers who publicly challenged Premier Greg Selinger's leadership. Howard has said she intends to run for re-election. In 2011, Liberal candidate Paul Hesse finished second in Fort Rouge with 23 per cent of the vote. THE CANADIAN PRESS

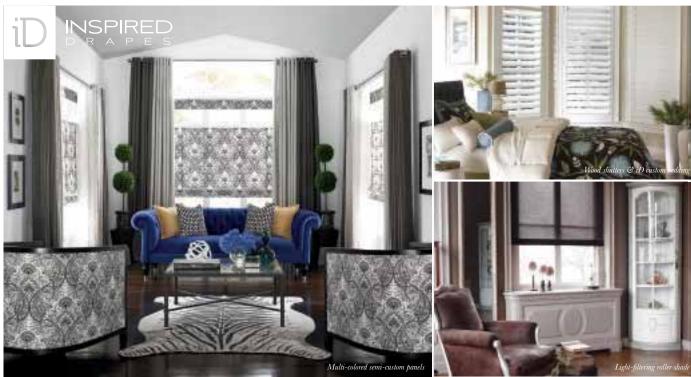
what's your

style iĎ?

Introducing
Inspired Drapes,

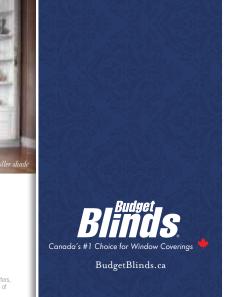
a Budget Blinds®

exclusive.



20% off selected window coverings 15% off our new Inspired Drapes line*

Contact your local Style Consultant today at 866-471-7662.

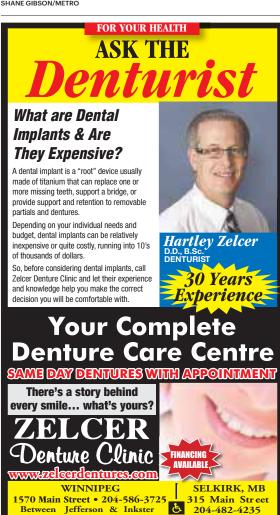


metr®NEWS Winnipeg Thursday, April 16, 2015

FZ OFERITE Ey/

FIRE CREWS BATTLE BLAZE AT MCDONALD'S Henderson Highway was closed in both directions while fire crews battled a blaze at McDonald's, leaving side streets filled with rush hour traffic. There was no immediate word about how the fire started or whether anyone was injured.

SHANE GIBSON/METRO



Government privatizes wheat board

HEINEGE

G3 Global Grain Group gets 50.1% of company

The federal government is moving to privatize the Canadian Wheat Board in a deal with a company partially owned in Saudi Arabia.

G3 Global Grain Group will get 50.1 per cent of the company in exchange for an investment of \$250 million. G3 is a joint venture between Bunge Canada, and SALIC Canada, a subsidiary of the Saudi Agricultural and Livestock Investment Co.

The rest will be kept in trust for farmers who deliver grain to the board. They will get \$5 per tonne in units controlled by the trust. In seven years, G3 Global Grain Group has the option to buy back the units from farmers at market value.

While the Opposition NDP called the deal "economic treason," Agriculture Minister Gerry Ritz said it will increase Canada's ability to export grain, create jobs and spawn economic growth on the Prairies.

"Every relevant farm group across Canada supports this move," he said in Winnipeg on Wednesday. "We see this as a great first step moving forward. We look forward to having another viable competitor."

Prairie farmers used to sell their wheat and barley to the board, which in turn exported it to foreign markets. Despite vocal opposition and several lawsuits, the federal government went ahead three years ago with a long-standing promise to abolish the monopoly.

METRO CUSTOM PUBLISHING

SPRING CLEANING FOR YOUR BODY, LIFESTYLE

U Weight Loss Clinic focuses on Education

Spring is just around the corner and it's the perfect time to get your body back into shape after the winter season.

The term "spring cleaning" doesn't just apply to your home: it can apply to your body and lifestyle too. The U Weight Loss Clinic, program designed by Canadian medical and naturopathic doctors, is just the way to get started, according to clinic vice-president Moira Quigg-Lee.

"It's time to spring clean our bodies and revisit our health and wellness, which we may have neglected over the winter months," she says. "It's the ideal time for a gentle cleanse." Rather than a diet, the U Weight Loss Clinic program focuses on education: the simple science behind safe and effective weight loss.

"While the majority of our clients are female, more and more men are astonished by the simple science behind U Weight Loss and delighted by the dramatic results," says UWL Clinics Area Manager and former client, Erin DeRose.

"Clients learn how to keep their weight off permanently," Quigg-Lee says. "It is certainly not the antiquated formula of 'eat less and exercise more,' but rather a unique approach that focuses on revving up the body's metabolism and balancing the body's own hormones."

For example, when there is an excess amount of the hormone insulin, the body will naturally store fat. All carbohydrates are recognized at the cellular level as sugar and it is excess sugar in the system that spikes insulin levels which causes

weight gain, explains Quigg-Lee.

"The clinics provide thousands of delicious and simple-to-prepare recipe options that ensure hormones remain balanced. Clients can eat in restaurants, even fast food venues, or make their own recipes based on the programs simple principles."

In fact, Quigg-Lee says one of the biggest surprises for U Weight Loss Clinic clients is how much food they can eat on the program.

"In order to stimulate our metabolism, we have to eat three generous meals plus two snacks daily," she adds. All programs are individualized, with one-on one support by certified UWL health coaches.





Winnipeg's Dan Labossiere lost 85 lbs at the Kenaston clinic: "I ate real foods, got rea results. and I feel like a million bucks." CONTRIBUTED

www.uweightloss.com







JOIN TODAY & GET YOUR FIRST 20 POUNDS FREE!

1602 ST. MARY'S ROAD

14-1865 GRANT AVENUE

204.253.7148 • ustmarys@uweightloss.com

204.487.4274 • ukenaston@uweightloss.com

Canada-India ties now stronger: Modi

POLITICS

Countries signed series of bilateral agreements

The relationship between India and Canada is now back on track, Indian Prime Minister Narendra Modi announced Wednesday after signing a number of bilateral agreements, including a deal to buy Canadian uranium to fuel his country's power reactors.

Modi and Prime Minister Stephen Harper agreed Wednesday the deal is just a first step towards deepening economic ties, and that the relationship between the two countries hasn't yet lived up to its potential.

"Canada is a major Asia-Pacific power and should play a more active role, including in regional institutions," Modi said. Harper agreed: "It's not where we want it to be, but it is growing."

Under the nuclear deal, India will buy more than 3,000 tonnes of Saskatchewan uranium.

Saskatchewan Premier Brad Wall, who was on hand for the announcement, said the deal, estimated to be worth hundreds of millions of dollars, would be a boon for his province.

"For an employer of 4,000 people in the province — 45 per cent of them First Nations and Métis — it's a great day for Saskarthewan."

The contract with Cameco Corp. is one of a number of agreements that were announced Wednesday. The deals include pledges to co-operate in the areas of civil aviation, railway transportation and education and skills development, as well as space, social security and maternal, newborn and child health.

It is the first bilateral visit to Canada by an Indian prime minister since Indira Gandhi was hosted in 1973 by then-prime minister Pierre Trudeau. THE CANADIAN PRESS



Indian Prime Minister Narendra Modi, left, and Canadian Prime Minister Stephen Harper walk in the Hall of Honour on Parliament Hill in Ottawa on Wednesday. It is the first bilateral visit to Canada by an Indian PM since 1973. ADRIAN WYLD/THE CANADIAN PRESS

MIAMI, FL

Diplomat's teen son to be tried as adult

A Canadian diplomat's teenage son accused of involvement in a drug-related shootout that killed his older brother in Florida has been charged with murder and will be tried as an adult.

A Miami-Dade County grand jury indicted 15-year-old Marc Wabafiyebazu on first-degree felony murder charges Wednesday.

Wabafiyebazu's defence lawyer, Curt Obront, said his client will plead not guilty.

Wabafiyebazu was arrested on March 30 after the shooting deaths of his 17-year-old brother, Jean, and 17-year-old Joshua Wright. The indictment returned Wednesday charges that Wright and Jean Wabafiyebazu shot each other.

Media reports say Wabafiyebazu, who is being held in juvenile detention, will now be moved to an adult jail to await trial.

Wabafiyebazu's lawyer has said his client — whose mother is Roxanne Dubé, a longtime Canadian diplomat who recently became general consul in Miami — plans to plead not guilty to any charges in the case. Under Florida law, all suspects involved in committing a crime can be charged with murder if it leads to a killing. THE CANADIAN PRESS



Report on CBC's handling of Jian Ghomeshi scandal to be released

The findings of an investigation into how the CBC handled the Jian Ghomeshi scandal are set to be released Thursday. The CBC commissioned labour lawyer Janice Rubin to conduct the independent inquiry. THE CANADIAN PRESS

Russia rebukes Canada's decision to send troops to Ukraine

The Harper government's decision to join a U.S.-led training mission in Ukraine has drawn a sharp rebuke from Russia. Canada is sending at least 200 members of the Canadian Forces to improve the skills of troops in the country. THE CANADIAN PRESS

Canada's favourite dishwasher. Now part of Canada's favourite kitchen.





Meet the kitchen designed from the dishwasher out. Featuring the same German engineering and legendary quiet performance, the Bosch kitchen brings elegant, European design and beautiful, seamless true flush installation into the heart of your home. From ovens that can be aligned horizontally to revolutionary FlexInduction™ cooktops to sleek yet powerful laundry solutions, you'll agree there's Nothing like a Bosch.



Coast Wholesale Appliances

1421 St. James St., Winnipeg

Midland Appliance

1797 Portage Ave., Winnipeg 473 St. Mary's Rd., Winnipeg

metr® NEWS | Canada Thursday, April 16, 2015



Actors in civil war costumes recreate the overnight vigil for President Lincoln in front of the Ford's Theatre, April 14 in Washington, D.C. Thursday marks the 150th anniversary of the assassination of President Abraham Lincoln.

OLIVIER DOULIERY/GETTY IMAGES

Plot to kill Lincoln had Canada link

HISTORY

Assassin may have planned details during Montreal trip

The assassination of U.S. President Abraham Lincoln is an undisputed cornerstone of American history, but those who have studied the event suggest both the origin and ending of that seminal moment have ties to Canada.

Some historians suspect the groundwork for a plot to kill the U.S. Civil War president was partially laid in a Canadian city that had become a haven for his political foes.

When a simplified version of that plot succeeded 150 years ago in April 1865, they say it was a Canadian who ultimately led the effort that brought down Lincoln's assassin.

Historian John Boyko researched Canada's direct contribution to the 19th-century conflict in his book Blood and Daring: How Canada Fought the American Civil War and Forged a Nation.

He said John Wilkes Booth, the American stage actor whose fame shifted to infamy after killing the president, had long been conspiring to bring down the anti-slavery, union government.

Boyko said Booth's plans almost certainly came under discussion when the actor made a nine-day visit to Montreal in October 1864.

"What Booth was trying to do was put together a team of people that could arrange the kidnapping, later the asassination, of Lincoln," Boyko said in a telephone interview from Lakefield, Ont.

"It was very difficult to do in Washington because there were so many spies for the government. But if you go to where other Confederate spies are, then you know that you don't necessarily have to watch your back like you were in the United States, and that you were going to have the kind of ... people that are going to back you in the enterprise. The best place to do that was Montreal."

History shows that American southerners opposed to Lincoln's policies were able to find safe haven with their northern neighbour, which was officially not involved in the Civil War.

University of Toronto professor Robert Bothwell said both Toronto and Montreal emerged as particular hubs of anti-union activity, adding that Confederate President Jefferson Davis eventually made Montreal his home in the years after his cause was defeated.

Bothwell said Confederate sympathizers likely found pockets of strong support for their views in Canada, where British-born colonialists who shared their pro-slavery sentiments had also developed some anti-American feelings of their OWI. THE CANADIAN PRESS

COURT OF ARREA

First Nations can sue without title to land

B.C.'s highest court has ruled that First Nations can launch lawsuits to protect their territory from private parties even if they haven't proven aboriginal title.

The Court of Appeal has overturned a lower court judgment that denied a lawsuit seeking damages for breached property rights on the basis that aboriginals had to first establish their title. The decision centres around two northwestern B.C. First Nations based downstream of the Kenney hydroelectric dam, operated by Rio Tinto Alcan since the 1950s. The Saik'uz (sigh-CUZ') and Stellat'en (stul-ah-tin) First Nations argue the dam causes nuisance and breaches their rights to the natural waterway that runs through their land.

AVIAN INFLUENZA

H5 virus could linger in North America

The H5 bird flu viruses crossing North America may be around for a while, avian influenza experts warn.

The coming nesting season, which will see wild birds converge on breeding grounds in Northern Canada and Alaska, could further spread the virus in wild bird populations, and produce a new wave of outbreaks in poultry operations when the

birds fly south in the fall, they suggested Wednesday.

It's not completely clear what route the highly pathogenic H5 viruses took to get to North America, though the suspicion is that infected wild birds brought this family of Asian bird flu viruses to North America, perhaps through northern Russia and Alaska.

THE CANADIAN PRESS



¹ Eligible mortgage applications must be started March 30, 2015 to July 3, 2015. Rate commitment is a maximum of 120 days from start of application at which point interest rate guarantee expires. This offer may be withdrawn at any time without notice. ² Offer limited to new 4 and 5 year fixed term closed residential mortgages and to eligible applicants only. Subject to Royal Bank of Canada lending criteria for residential properties. Offer cannot be combined or used in conjunction with any other special offers. Other terms and conditions may apply. Employee Rates are discounted rates and are not the posted rates of Royal Bank of Canada. Employee Rates may be changed, withdrawn or extended at any time, without notice. Offer not available for construction draw mortgages or for any amendment to an existing mortgage with Royal Bank of Canada, including a portability transaction, an advance of additional funds or a renewal. ⊗/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

10 Thursday, April 16, 2015 World Metr® NEWS

Feared drowning of 400 migrants raises alarms

SHIPWRECK

Mediterranean most deadly sea route used by refugees

The feared drowning of 400 migrants in a shipwreck this week in the Mediterranean Sea — one of the deadliest such tragedies in the last decade — raised alarms Wednesday amid an unprecedented wave of migration toward Europe from Africa and the Middle East.

The UN refugee agency expressed shock at the scale of the deaths in Monday's capsizing and renewed calls on European governments to redouble search and rescue efforts, while the International Organization for Migration maintained that the situation had reached "crisis proportions."

The Mediterranean "has emerged as the most dangerous" of four major sea routes used by the world's refugees and migrants, taken by 219,000 people last year, UN High Commissioner for Refugees Antonio Guterres said.

The Italian Coast Guard rescued some 140 people off the coast of Libya on Monday and recovered nine bodies, but could see immediately from the size of the capsized smuggler's boat that there had likely been hundreds more on board.

The rescue was made during a five-day surge that saw Italian ships save nearly 10,000 people at sea since Friday — an unprecedented rate in such a short period, according to Cmdr. Filippo Marini, a Coast Guard spokesman. The number is only likely to grow, with



Migrants arrive at Palermo's harbour, in Italy, after being rescued at sea, Wednesday. The UN refugee agency says the ship-wreck in the Mediterranean this week, in which 400 migrants are presumed to have died, is among the deadliest incidents of the last decade. ALESSANDRO FUCARINI/THE ASSOCIATED PRESS

summer weather encouraging even more people fleeing poverty and conflict to make the perilous crossing.

Survivors of Monday's shipwreck reported that as many as 550 people were on board, according to aid workers.

"Of course this is an estimate. No one who travels knows exactly the number. They don't get a ticket that says: No. 550," said Barbara Molinario, the UN High Commissioner for Refugees spokeswoman in Italy.

Accounts by survivors, mostly sub-Saharan Africans, indi-

cate the ship capsized when men on the upper deck rushed to wave down a ship they believed to be a rescue vessel, said IOM spokesman Joel Millman in Geneva.

"Many were waving and gesticulating to get attention and that caused the vessel to capsize, with the speculation that women and children who were below deck were drowned instantly," Millman said.

The rescued migrants arrived Wednesday at the southern Italian port of Corigliano, where aid workers dressed in white protective jumpsuits,

gloves and masks worked to process them.

A precise accounting of the number of dead will never be known: The search operation was called off after the recovery of just nine bodies due to the depth of the sea, meaning there will be no body count to verify survivors' accounts, as is nearly always the case.

"For all of these things, we rely on the consistency of the reports we get, but we know these people have been traumatized and through terrible things," Millman said.

THE ASSOCIATED PRESS

3,500

The UN Refugee Agency estimates 3,500 migrants died in the Mediterranean last year, up from 600 in 2013. With few bodies recovered, many deaths are never officially confirmed. Instead, their fates are recounted by survivors and, in cases when boats are lost at sea without any rescue attempt, by relatives who report their failure to arrive in Europe.

ISIL fighters seize villages

ISIL extremists launched an offensive Wednesday in Iraq's western Anbar province, capturing three villages near the provincial capital of Ramadi in what was the most significant threat to the city by the Sunni militants to date.

The militants' push comes after ISIL was dealt a major blow earlier this month, when Iraqi troops routed the group from Tikrit, Saddam Hussein's hometown.

Wednesday's fighting could also further threaten Ramadi, 115 kilometres west of Baghdad. Nearly a decade ago, Ramadi was one of the strongholds of the insurgency in the U.S.-led war in Iraq. It now is mostly held by Iraqi government forces, although militants control some parts of it, mainly on the outskirts.

In a dawn advance, ISIL extremists seized the villages of Sjariyah, Albu-Ghanim and Soufiya, which had also been under government control until now, and residents said they had to flee their homes. Fighting was also taking place on the eastern edges of Ramadi, about two kilometres from a government building, they added.

In Soufiya, the militants bombed a police station and took over a power plant. The residents, who spoke on condition of anonymity because they feared for their safety, said airstrikes were trying to back up Iraqi troops.

Around noon Wednesday, the militants opened another front with government troops on three other villages to the northeast of Ramadi, the residents added.

THE ASSOCIATED PRESS



Jamaica's new pot laws begin

MARIJUANA

Possession of small amounts no longer cause for arrest

Drug law amendments that partially decriminalize small amounts of pot and pave the way for a lawful medical marijuana sector went into effect Wednesday in Jamaica, a country where the drug has long been culturally entrenched.

Justice Minister Mark Golding described the reforms as "long overdue" on the Caribbean island, where the drug is revered by members of Jamaica's Rastafarian movement and used regularly by many ordinary Jamaicans.

Jamaica's Parliament gave the amendments final approval in February.

The act makes possession of up to two ounces (56 grams)

of marijuana, or ganja, as it's known locally, a petty offence that could result in a roughly \$5 ticket but not in an arrest or a criminal record.

Cultivation of five or fewer plants by any household is allowed.

And Rastafarian adults are now permitted to use marijuana for sacramental purposes for the first time since the homegrown spiritual movement was founded in the 1930s.

In the late reggae icon Bob Marley's old neighbourhood of Trench Town, a dreadlocked Rastafarian adherent known as Nature enjoyed a pipe stuffed full of "wisdom weed," during a Wednesday morning smoking session.

He said Jamaican police, frequently criticized for heavyhanded behaviour when dealing with young men smoking marijuana, will have to learn restraint.

"The Babylon police used to

56

Foreigners who are prescribed medical marijuana abroad will be able to pay for permits authorizing them to legally buy up to 56 grams of local weed for medical or therapeutic purposes during their stay.

abuse the Rastaman for smoking the herb. But the times are changing and the agitation has to stop," Nature said in the Trench Town Culture Yard.

A new "cannabis licensing authority" is supposed to regulate the cultivation and distribution of marijuana for legal purposes.

However, it's not clear when a regulated and taxed medical marijuana sector will get off the ground in Jamaica.

THE ASSOCIATED PRESS



SPRING A LONG WAY TO TIPTOE Fields of blossoming tulips are seen from an airplane as it flies over Keukenhof, a large flower bulb garden and showcase of the Dutch export product, in Lisse, Netherlands, Wednesday. Peter Dejong/THE ASSOCIATED PRESS



IN BRIEF

Houston woman's quintuplets all girls

A Houston hospital says a woman has given birth to five girls in what it believes is the first set of all-female quintuplets born in the U.S.

The Woman's Hospital of Texas says it took four minutes for mother Danielle Busby to deliver the babies by caesarean section April 8. The mother had an intrauterine insemination for her pregnancy.

THE ASSOCIATED PRESS

Man injured after he tries to kill bedbugs

Police say a Long Island man set his rental car ablaze while trying to kill bedbugs inside the vehicle.

Scott Kemery suffered first- and second-degree burns in the incident Tuesday outside a supermarket.

Police say the man poured alcohol over the insects, then sat in the car and lit a cigarette, setting off the blaze.

Detective Sgt. Edward Fitzgerald said that someone told Kemery that if he saturated the bedbugs with alcohol it would kill them.
THE ASSOCIATED PRESS

THE SPRING STYLE EVENTO

select style accessories*

BAGS | TOTES | POUCHES | WALLETS | JEWELLERY

Chapters

!ndigo

indigo.ca





Business | metr®NEWS | **12** Thursday, April 16, 2015

Bugged-outdelicacy Wife of ex-Clippers

FOOD SERVICE

'Entopreneurs' hope to satiate the desire for insect dishes

An increasing number of "entopreneurs" are launching businesses to feed a growing appetite for crickets, mealworms and other edible insects.

These upstarts are trying to persuade more Americans to eat bugs, which can be produced with less land, food and water than other sources of protein.

The United Nations has been promoting edible insects as a way to improve nutrition, reduce greenhouse-gas emissions and create jobs in insect production. At least two billion people worldwide already eat insects as part of their diet, according to the 2013 report by the UN Food and Agriculture Organization.

Inside San Francisco's La Cocina, a commercial kitchen for food entrepreneurs, Monica Martinez empties hundreds of live mealworms, each about two inches long, into a plastic container. She uses chopsticks to pull out dead ones before pouring the squirming critters on a tray and sliding them into an oven.

Martinez started Don Bugito PreHispanic Snackeria to entice American consumers with treats inspired by popular snacks in her native Mexico. Among her specialties are spicy superworms and chocolate-covered, salted crickets.

"The idea is to offer another type of protein into the food market," said Martinez, an artist and industrial designer who launched Don Bugito as a street food project in 2011. "The biggest job that we have to do is to try to get more people to try our foods.

In addition to Martinez's operation, bug-based businesses have popped up in Berkeley, Calif. (Bitty Foods) and in Youngstown, Ohio (Big Cricket Farms).

Oakland-based Tiny Farms is trying to address supply crunch by developing more efficient ways to mass-produce crickets and other bugs. It eventually wants to create a large network of insect farms to supply food makers such as Don Bugito and Bitty Foods.



Monica Martinez sorts mealworms prior to baking them on Wednesday in San Francisco. BEN MARGOT/THE ASSOCIATED PRESS

"The goal is basically to make it easier and cheaper to produce industrial-scale volumes of insects that can be used in food products," said Daniel Imrie-Situnayake, a software engin-

eer-turned-entopreneur. "We're really just scraping the surface in terms of figuring out what the potential is for insects to be part of our food system." THE ASSOCIATED PRESS

owner awarded \$2.6M

The wife of former Clippers owner Donald Sterling is owed \$2.6 million by a woman her husband showered with gifts, a judge ruled Tuesday.

Judge Richard Fruin Jr. awarded Shelly Sterling money that was community property from six decades of marriage that was secretly spent buying V. Stiviano a house, a Ferrari and other luxury gifts.

Stiviano's lawyer had argued the gifts were made when Donald and Shelly Sterling were separated and Shelly Sterling couldn't seek them from a third party.

Attorney Mac Nehoray said he and his client were disappointed in the ruling and would appeal.

The ruling, which will become final in 15 days if there are no



Donald Sterling, right, with V. Stiviano. DANNY MOLOSHOK/ THE ASSOCIATED PRESS

objections, comes nearly a year after Stiviano's recording of Donald Sterling making racially offensive remarks bounced him from the NBA and cost him team ownership. THE ASSOCIATED PRESS

🕮 market minute



81.30¢ (+1.24¢)

NATURAL GAS: \$2.610 US (+0.8¢) DOW JONES: 18,112.61 (+75.91)



TSX 15,450.87 (+61.59)



OIL \$56.39 US (+\$3.10)



GOLD \$1,201.30 US (+\$8.70)

Introducing the NEW



Brought to you by





Browse Articles, Vehicle Research and Vehicle listings by Lifestyle

Browse our collection of Guides and Road Trips for the perfect getaway

Research and Compare to find the vehicle that's right for your Lifestyle

Test Skin Care Products WOMEN NEEDED TO TEST SKIN PRODUCTS

ONLY 11 STUDY VISITS

Hill Top Research is seeking healthy women to help us evaluate the mildness of several cleansing products. Participants who complete the study will receive \$150 for their time and travel.

You may qualify if you:

- Are 18 to 55 years of age
- Are in good general health
- Have inner forearms free from tattoos, cuts, scratches, abrasions, uneven skin tone
- Available for the screening visit at the start of the study, plus 2 visits a day for 5 consecutive days (for a total of 11 visits)

Study Appointments available on: April 26th, 2015

Follow Hill Top Research Winnipeg

Call Today 204-480-7426 studiesWPG@hill-top.com



METEWS

Your essential daily news

Rights of nonbelievers count, too

POLITICS Chantal Hébert



Under the guise of a ruling on the place of the prayer at Saguenay's City Hall, the Supreme Court of Canada has put a mirror up to the face of all Canadian legislators.

The onus for maintaining a secular public space is on them and not on the individuals who toil in the public service and/or who interact with their administrations.

Moreover, neither the preservation of a historical religious heritage nor the notion that a given faith is that of the majority should override the principle of a neutral state.

On that basis, the crucifix is more likely to eventually come down from the walls of institutions such as the Quebec national assembly than kippas, turbans and religious veils such as the hijab are to be banned from Canada's federal, provincial or municipal workplaces.

There is also little in the subtext of the ruling to sustain the federal case for a ban on the face-covering niqab from federal citizenship oath ceremonies.

Wednesday's judgment dealt specifically with the practice of Saguenay's municipal council to open its public meetings with a prayer. The court found that it infringed on the fundamental rights of nonbelievers. **BACKGROUND**

The prayer

"God, eternal and almighty, who has all power and wisdom, we are assembled in your presence to ensure the welfare and prosperity of our city. Grant us, we beseech you, light and energy to our deliberations to promote the honour and glory of your holy name and the spiritual and material happiness of our city. So be it."

The immediate consequence of that finding is to force Mayor Jean Tremblay

— a devout Catholic who had cast this battle as nothing less than a religious crusade

— to abandon the practice.

The same goes for the dozens of municipal councils across Canada that begin their deliberations with a prayer of some sort.

According to the Court, it is not because the text of a prayer is non-denominational that it is non-discriminatory or that it respects the principle of the neutrality of the state.

The recitation of a prayer remains a fundamentally religious act, a fact about which the court had this to say: "... the state may not, by expressing its own religious preference, promote the participation of believers to the exclusion of nonbelievers or vice-versa. (...) A neutral public space free from coercion,

pressure and judgment on the part of public authorities in matters of spirituality is intended to protect every person's freedom and dignity, and it helps preserve and promote the multicultural nature of Canadian society.

(As an aside, the House of Commons prayer whose text is identical to the latest version used in Saguenay may be protected by parliamentary privilege.)

The recitation of a prayer remains a fundamentally religious act

This is just the latest chapter in an increasingly heated national debate over the balance between religious freedom and the secular character of Canada's public institutions. In its unanimous ruling, the top court drops more than a few hints as to how it sees the way forward.

Although it refrains from pronouncing on the place of religious symbols on the walls of public institutions, the judgment suggests that their presence — if challenged — is unlikely to be saved by the argument that they reflect a historical or cultural heritage.

That's the rationale most commonly used to defend the crucifix that hangs on the wall of the national assembly. But perhaps the part of the judgment that will be read most carefully by justice officials and their political masters is the section that spells out that a neutral public space is not one that obliterates religious diversity.

In paragraph 74 of the judgment, and almost as an aside to its core narrative, Justice Clément Gascon writes: "I note that a neutral public space does not mean the homogenization of private players in that space. Neutrality is required of institutions and the state, not individuals."

He adds for good measure: "... a secular state does not — and cannot — interfere with the beliefs or practices of a religious group unless they conflict with or harm overriding public interests."

That amounts to a red light flashing in the face of any government contemplating — as Quebec recently did — the imposition of a secular dress code on its public sector employees.

It also suggests that the federal government, should it want the court to give its ban on face-covering niqabs at citizenship oath ceremonies a green light, may have to come up with a pretty compelling demonstration of the "overriding public interest" served by such a measure.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

"Pity the poor science deniers. They're missing all the fun"

A Russian doctor has found a willing patient for his controversial and experimental head-transplant procedure.

A NASA scientist thinks we're only 25 years away from evidence of alien life, whatever that might be.

And that's only last week's news cycle.

We are living in an unparalleled age of science, and we're lucky to be here. It may have taken 3.3 million years since the first tools were made, according to a new finding out of Kenya, but it feels like science today is moving at warp-speed, and we get to witness all the incredible discoveries.

Nearly 20 million people follow the latest news on Elise Andrew's I F—ing Love Science Facebook page, and she herself is a minor celebrity.

Another famous science evangelist, the astrophysicist Neil deGrasse Tyson, has a new late night celebrity talk show, part of his mission "to reach people who didn't know they like science. Or people who knew they did not like science," as he told Metro's Dean Lisk recently.

Amid science's rising popularity, there is rising skepticism. Tyson has butted heads with creationists and climate change nonbelievers on social media, fighting "the rise of anti-science sentiment and the rise of science deniers," a group I feel sorry for, because

of the fun they're missing. And of course, science

isn't perfect. Government controls and corporations can influence the outcomes of studies. Researchers can be bullied for controversial beliefs, and there is still no equality of race or gender.

Science also gets a bad rap for not making up its mind. Competing studies confuse us about whether wine is good for us, or running or chocolate or even weed. But its messiness is part of what Andrew loves.

"In science, every question answered leads to 10 more. I love that science can never ever be finished," she said in a 2013 interview.

I love that researchers working on male baldness recently found that skin cells can communicate with each other — through a study on plucking hairs. Science answers questions we didn't even know to ask.

But maybe the best thing about science is how much awe it offers up — images of luminous galaxies or a new ghostly species of fish from the deep sea, bones from prehistoric time or stem cells that grow into human limbs.

According to a recent study out the University of California, that feeling of awe is good for your health, in case you needed another reason to be grateful for this age of science.



Metra Your essential daily news

TAR MEDIA GROUP PRESIDENT John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve Shrout

MANAGING EDITOR WINNIPEG
Elisha Dacey

ADVERTISER INQUIRIES adinfowinnipeg@metronews.ca

General phone 204-943-9300

FREE TO SHARE

Your essential daily news

Just 10% of film roles in '14 were lesbian, GLAAD says, praising Sandra Oh in Tammy

DRESSES TO RIVAL THOSE WORN BY SCARLETT O'HARA

A dress worn by Vivien Leigh as Scarlett O'Hara in 1939's Gone With the Wind is expected to fetch more than \$100,000 at auction April 18. We asked five experts to tell us what dress from a film from the past 15 years they think will





South Korea has a reputation for innovative, high-tech beauty products that are changing the face of the industry. GETTY IMAGES

Seoul is the life of the makeup industry

When the MakeUp in Seoul show hits South Korea this week, the cosmetics world will descend on the Asian hub, which has become a byword for innovation in the beauty sector.

"Korea is the place to be for the makeup industry," says Show Manager Sandra Maguarian, referring to the growing Western obsession with the Asian destination. "It is the new El Dorado. As a cosmetics brand, if you can succeed in Korea you can succeed everywhere.

The main draw is Korea's

reputation for innovative, hightech beauty products that are changing the face of the industry. The hottest invention to date remains the concept of "cushion foundation," which has sold millions of units, revolutionized the way we apply liquid foundation and just been emulated by French company Lancome in the form of its Miracle Cushion Foundation for the European and North American markets.

Scientific techniques when it comes to makeup application are hot news in Korea



Women use around 20 or 21 products per day, minimum, in their daily routine

Sandra Maguarian, show manager of MakeUp in Seoul

right now. From natural fibre mascara brushes to lip gloss applicators that diffuse vitamin E with the product or contain anti-bacterial properties, the technology of makeup application is currently a big topic, Maguarian says.

But the country isn't just making a name for itself in the cosmetics industry. "Korea is a trend," says Maguarian. "It's a trendy name in music, movies and fashion. You can see the trends in the streets — it's the same thing we saw 20 years ago in London, when the fashion directors would travel over to discover the new trends of the future." But that was in the past. She adds: "Now they are going to Korea." AFP

Ultra-thin ban misses the point, model says

CATWALK CONTROVERSY

Size 6 is most common in France, yet brands hire super-skinny

France's waif obsession means its fashion sector snubs many women with bigger body types, but there is no need for a ban on ultra-thin models, said the patron of a plus-size Paris catwalk show.

"It's a cultural blockage," explained Clementine Desseaux, a 26-year-old French model who lives in New York.

The size 10 brunette gets year-round catalogue and campaign modelling work in the U.S., where she emigrated four years ago, compared to rare jobs in France, as American department stores recognize that most women aren't slim, she says.

"In the United States, it's a market apart. You can make a career as a plus-size model. In France, it's not a career — it's a hobby," Desseaux said. "There are no clients."

But, she added, "it's not for lack of demand: There are a lot of round women here. Parisian women are round, too. You mustn't think they are all small and thin!"

The data back her up. According to the French Institute for Textile and Clothing, size 6 is the most-sold size in France, and 40 percent of Frenchwomen wear size 10 or over.

In an effort to rebalance the scales, Desseaux was the star model at the third Pulp Fashion Week this past Saturday and Sunday in Paris that features larger women on the catwalk.

Twenty-four models walked the podium in some 20 labels to show that fashion is not only for the slimmest of customers.

Such initiatives are also held in North America, Britain and Germany, with greater success.

The organizer of the Paris event, Blanche Kazi, said the refusal by major plus-size fashion labels was the main stumbling block.

They are the ones who could really shake things up with big sponsor budgets and financial partnerships," she said.

She and the models, though, are determined to instil a sense of pride in plus-size women in France, and to push French clothing stores to cater to larger sizes.

"Here, the image of bigsize women is horrible.

There's a lot of work to be done," Desseaux said.

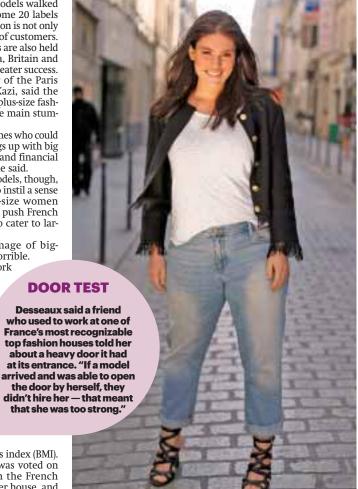
For all her morphological militancy, Desseaux is against France's m o o t e d legislation to ban ultra-thin m o d e l s who are under a

certain body mass index (BMI).

The measure was voted on by lawmakers in the French parliament's lower house, and could well become law if the upper house backs it.

Desseaux, like other professional models, believes that the natural thinness of many top catwalk models is being wrongly mixed up with the medical condition of anorexia.

"For me, it's just as dumb to



Plus-size model Clementine Desseaux says the practice of hiring underfed models, not a model's BMI, is the problem. AFP

say you're too thin as it is too say you're too fat — it's the same thing," she said.

"The problem is not a model's BMI," she said, adding that a more concrete issue was the insistence of certain fashion labels to hire only underfed

Shades of retro chic ... and the future

The first rays of sunshine have burst through, so the time has come to find the perfect pair of sunglasses to look like a star while still protected from UV

Certain trends last and for good reason — retro being the perfect example since, once again this year, there are plenty of vintage-style models to choose from. Thankfully though, not every brand agrees on this point, giving the holdouts a chance to present their more futurelooking wares.

Aviator-style frames

No surprise with this one: Aviators will once again be in style this year. This retro look gets revisited every year, and though brands only barely tweak the ultra iconic shape, they do play with the details (temples, rhinestones, lenses, patterns, materials). Mixing retro with futuristic is a sure way to impress.

Though Ray-Ban is the brand most obviously linked to aviatorstyle sunglasses, many others continue to release various versions of this legendary look every year. Tom Ford has aviator styles including Cyrille (\$535), Charles Round (\$320) and Marko (\$380).

Back to the '60s Sunglasses will travel back in time this summer to the 1960s. A round shape will be prevalent in models with different colours, decorated

with prints or in a more subdued look.

This trend also marks the return of tortoise-shell-style temples that were so popular in the 60s.

For this season, Faguo has collaborated with eyewear brand Lesca to produce a unisex model in acetate named Gabin, which highlights a spotted pattern. It's a limited series, with only 30 being produced, and priced just under \$200. Jérémy Tarian is also offering a retro chic limited edition for around \$300, the round Madeleine model, available in red to add some pep to your look.

Futuristic looks

Certain brands have chosen to stand out and present futuristic designs as an alternative to the retro trend. That's notably the case with Dior and the \$400 Dior Technologic model, seen in their summer 2015 show, with its pantos shape, metal openworked frame (available in silver and gold), ultra-flat tone-on-tone lenses and matte black acetate temples. AFP





Fresh **RADIO 99.1 MODERN MUSIC**

991freshradio.ca

16 Thursday, April 16, 2015 Books | **metr**#LIFE

The fast lives of female celebs



Amber Tamblyn says Dark Sparkler is partially about "what it's like to be an object for a living." GETTY IMAGES/FILE

Actress Amber Tamblyn's poetry explores six short lives

Actress Amber Tamblyn writes about dead Hollywood actresses in her new book of poems. But Dark Sparkler is more than that.

"The book is about the lives and deaths of celebrity women in a certain way, but it's also about voyeurism, it's also about projection, it's also (about) ... what it's like to be an object for a living," Tamblyn, 31, said in a recent interview.

Each poem is about a celebrity who died before the age of 40, including Marilyn Monroe, Jayne Mansfield and Rebecca Shaeffer.

Tamblyn focused on women because "I understood the lives of these women more personally and in a deeper way.

Dark Sparkler is the third book of poetry by Tamblyn, who starred in The Sisterhood of the Traveling Pants films with Blake Lively, Alexis Bledel and America Ferrera.

What impact did writing this book have on you?

Studying your dead peers will get to you. Plain and simple.

Reading autopsy report after autopsy report and lis-tening to interviews.... It's hard not to get obsessed and absorbed into that into the point where you start to lose your mind a little bit.

Why did you focus on this dark topic?

If anything, I wanted other young women to see how much (of) our interior pains are the same and at the end of the day what you feel is what I feel and it's very similar, but often times actors don't really get to express that in a true manner because of the way in which we are promoted or the way we promote ourselves.

Do you think your next poetry will be lighter?

I actually have started working on my next book which will be a collection of love poems, so it will be the opposite. Warm and cozy. THE ASSOCIATED PRESS



On why she has a blank page with Lindsay Lohan



"I think that she is sort of categorically one of the largest pop objects we have that we talk (about) and we project our own fears onto and project our own beliefs and judgments onto her and her life. It was my way of putting a blank page both for the media and people who have treated her in that way, but also it's a page ... where I get to say, You know, I'm not gonna write this poem for you. I'm not gonna put you in the category where everyone



4 tickets & an RWB gift pack!



(Total prize value \$500+)

Visit

clubmetro.com

to enter

A Ballet Based On A Midsummer Night's Dream APR 29 - MAY 03 / 2015

aerie Queen

Choreography John Alleyne Music Henry Purcell, Michael Bushnell & Owen Underhill Centennial Concert Hall with the Winnipeg Symphony Orchestra

TICKETS FROM \$29!*

204.956.2792 **rwb.org**



20**14/15** SEASON











rwb.org

indicated that nobody had



Sara Gruen says it was the Loch Ness monster that led her to her latest story, At the Water's Edge.

In the new book, the Vancouver native — whose hit novel Water for Elephants became a 2011 film starring Reese Witherspoon and Robert Pattinson writes of a privileged American trio on the hunt for the Loch Ness Monster in Scotland during the Second World War.

Gruen says she first became interested in Nessie when she visited the Scottish Highlands

"Of course at 12, I was sure I was going to see the monster, so I waited and waited and waited - and didn't," she says.

Then about four years ago, she was "procrastinating" on putting pen to paper ("I'm very, very good at writing-avoidance," she says with a laugh) and found an online article about government secrecy surrounding the lake creature of Scottish folklore.

There was an exhibit in, I think, Edinburgh of declassified documents," she says.

"And one of them was a letter from Scotland Yard that



any doubt whatsoever that the monster existed, and they were trying to figure out how to protect it from big-game hunters."

That sucked her into a long Nessie surf session online (her 'Nessie rabbit hole"), followed by a trip to Scotland to start research for a new story after

2010's Ape House. At the Water's Edge centres on young Philadelphia socialite Madeline (Maddie) Hyde, her husband Ellis and their friend Hank.

They take a dangerous ship trek to Scotland after a posh New Year's Eve bash.

Years prior, Ellis's Army Colonel dad tried to prove Nessie existed, but the adventure resulted in public embarrassment for him.

Ellis hopes his journey will earn him more respect from his dad, who has always judged his son for not being able to enlist in the army due to being colour blind.

Gruen says she wrote half of the book before realizing that Maddie was the heart of it. That meant having to go back and rewrite it in Maddie's voice and then tweak the other characters' reactions to her.



I would set up shop in the corner of a pub and pretend I was Skyping and doing work.

Canadian novelist Sara Gruen, on eavesdropping in Scotland





BABY BABBLE

ScarJo mum on how to be a mom

New mom Scarlett Johansson is not here to give you parenting advice, and she doesn't think any other famous moms should,

"I'm such a newbie at this. I always really hate it

when actors or people in the spotlight make giant grandiose statements about parenthood because it's so, so personal," she tells the Australian Daily Telegraph. NED EHRBAR/ METRO IN HOLLYWOOD

STRIPPED DOWN

Leaking nude pics just his style

Be careful what secrets you tell your friends. That's the lesson One Direction member Harry Styles is learning after pal Ed Sheeran gave a candid interview in which he revealed that Styles leaked his own nude photo back in 2012, despite the fact that Styles denied it at the time. "Did you know that Harry leaked that picture himself? He leaked his own picture. I think that's amazing," Sheeran tells ZM Online. NED EHRBAR/METRO IN HOLLYWOOD

CELEB CASH GRAB?

Mendes met with criticism over contest

A Shawn Mendes marketing campaign encouraging young fans to buy every single copy of the teen-pop heartthrob's new album from local stores is eliciting outrage from child advocacy groups.

The 16-year-old Toronto native trumpeted the release of Handwritten with a #HandwrittenBuyouts Twitter contest, urging his fans to purchase every last Mendes CD from store shelves.

On Tuesday he tweeted to his nearly three million followers: "Go to stores today & buy all the album copies! U can find a #GoldenShawnAccessPass & meet me! #HandwrittenBuyouts. One devotee tweeted a photo of herself clutching a colourful wad of Canadian bills with the message: "I guess all my baby-

sitting payed (sic) off! :)"

Multiple child advocacy organizations raised questions about the strategy on

Wednesday.

"I think that's really concerning, considering his appeal to younger fans," said Campaign for a Commercial-Free Childhood associate director Josh Golin, who called the campaign "unethical." THE CANADIAN PRESS

Cornell wades into Dog ownership fight

Soundgarden frontman Chris Cornell says the co-founder of a famed Seattle recording studio has no claim to own the master tapes of Temple of the Dog, which Cornell recorded with Eddie Vedder and other members of Pearl Jam in 1990.

A&M records sued Raj Parashar, who founded London Bridge Studios with his brother, in March, demanding that Parashar turn over the master tapes. The label says it bought the al-

bum in

Chris Cornell GETTY IMAGES

A&M didn't say in its complaint why it wants the master recordings, but such tapes can be used in re-issuing albums. Next year marks the album's 25th anniversary. THE ASSOCIATED



Sarah Polley has confirmed reports she is writing a script for an adaptation of Little Women

Polley penning new film script

and that she is producing an Alias Grace miniseries. TORSTAR NEWS SERVICE

Actress-director Sarah Polley has confirmed reports that she's working on a new big-screen adaptation of Little Women.

UPCOMING PROJECTS

Little Women

latest project

for director

"Î'm writing Little Women and I'm writing my own film as well," Polley said.

"And then I'm producing Alias Grace as a miniseries, which I've been writing for a long time, and it's now written in six, one-hours and hopefully will go into production either this year or next year," she added, referring to baby naps

Sarah Polley

an adaptation of Margaret Atwood's novel.

Polley, who got a 2008 Oscar nomination for best adapted screenplay for Away From Her, said she's "always writing."

"Writing is something you can do while a baby naps, so it's perfect," added the mother of two.

"But the idea of going back out into the world and making

my own

it's not immediate. My youngest is still seven months, so I'm not jumping back on a film set right away. But it's something that I'm excited to do.

On Tuesday, Polley helped announce the winner of this year's \$100,000 Glenn Gould Prize.

She and an esteemed international jury panel picked American composer Philip Glass as the 2015 recipient of the biennial prize, which honours living laureates from a variety of creative disciplines for their body of work.

Polley called the three-time Oscar nominee's work "vision-

"I think he pushed something that was very avant-garde and on the fringes into the mainstream,"

she said. "I think he, as a result, opened people's minds musically." THE CANADIAN

PRESS

SATURDAY, APRIL 18

THE REWARDS YOU WANT

THE SHOPPERS **OPTIMUM POINTS®**

WHEN YOU SPEND \$50 OR **MORE ON ALMOST ANYTHING** IN THE STORE.*



stuff,



Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card. Excludes prescription purchases, Shoppers Optimum Bonus Points*, RBC* Shoppers Optimum* MasterCard* points and points and points are insued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card*. Excludes prescription purchases, Shoppers Optimum Bonus Points*, RBC* Shoppers Optimum* MasterCard* points and points are insued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card*. Excludes prescription purchases, Shoppers Optimum Bonus Points*, RBC* Shoppers Optimum* MasterCard* points and points are insued according to the net pre-tax purchase total of eligible products after redemptions and discounts and points are insued according to the net pre-tax purchases. associated with RBC* Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care* locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points* promotions or offers. See cashier for details. ® 911979 Alberta Ltd.

Dine-Out Winnipeg

Who likes to cook at home every single night? Very few! Make the most of Winnipeg's world famous culinary scene and treat yourself to one of our fine local establishments below. Bon Appétit!

EAST INDIAN CUISINE







For Catering Call: 204-391-5010

www.tasteofmediterranean.ca

MEDITERRANEAN CUISINE









Everyone's entitled to YOUR opinion.

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.

Sign up at www.Metronews.ca/panel



Your essential daily news

Pineapples, a symbol of hospitality, are a major decor motif this season.

Many singles and first-time buyers start out with a one-bedroom condo, such as these resale suites. Condos near the downtown cater to professionals with the convenience of a maintenance-free lifestyle. Duncan McAllister FOR METRO



\$179,000

Winnipeg

Here's a contemporary three-storey midrise within walking distance of the University of Manitoba at 1525 Chancellor Dr. The asking price is \$179,900. The renovated suite boasts a designer kitchen with stainless-steel appliances, a four-piece bathroom, wood fireplace and a large balcony. Listing agent is Chris Kenny with Re/Max Professionals, 204-899-4858.



\$364.000

Toronto

Located at the Minto Quantum building in the midtown neighbourhood of Yonge and Eglinton, this one-bedroom suite can be yours for the asking price of \$364,900. The unit has bamboo floors throughout, upgraded granite counters and an ensuite locker. The building offers a full range of amenities. Listing agent is Alex J. Wilson at Re/Max Condos Plus, 416-996-5181.



\$314,000

Calgary

The condos in Westgate Park were built on the previous site of the Westgate Hotel in the community of Spruce Cliff. This suite in the Brava Tower at 55 Spruce Place SW includes a recreation facility and 24-hour concierge. The asking price is \$314,900. This unit is just 15 minutes from downtown, says listing agent Ernest Gardy, with Re/Max House of Real Estate, 403-651-3093.



\$539.000

Halifax

This suite at 1550 Dresden Row is said to reside in one of the nicer downtown buildings. The Martello is near Citadel Hill and features 1,000-sq. ft. The one-bedroom plus den condo has an open concept kitchen-dining-living room with views of Halifax Harbour, with an asking price of \$539,000. The listing agent is George Edwards with Royal LePage Atlantic, 902-221-2900.



\$214.900

Edmonton

Here's a one-bedroom condo that's a five-minute walk from the University of Alberta. The Strathcona House sits atop the river valley at 10883 Saskatchewan Dr. The common areas have been renovated along with the interior of the suite. Listed for \$214,900, the unit has 713 sq. ft. of living space and a large balcony. Listing agent Nathan Mol is with Liv Real Estate, 780-722-0086.



\$359,000

Ottawa

This bright one-bedroom plus den at 100 Champagne Ave. S., is listed for \$359,900. It's a great location for shopping, public transportation and nightlife in the trendy Little Italy neighbourhood. The suite includes parking, a storage locker and a gas hookup for a balcony barbecue. Listing agent is Nick Brunet at Re/ Max Affiliates Realty, 613-216-1755.



\$488,000

Vancouver

The Rhapsody is a mid-rise community on 910 8th Ave. The top floor, private, 797sq.ft. roof-top apartment has a panoramic view of the city, mountains and water, with an asking price of \$488,000. The suite was owned by a young couple who have a baby and are moving to a larger space, says listing agent Pam Allen with Re/ Max Real Estate Services. 604-790-8464.

20 Thursday, April 16, 2015 metr@HOME

HOME IMPROVEMENT

Design experts suggest fresh decor trends for springtime

With the arrival of spring comes the ritual of seasonal cleaning and the urge by many to refresh their interiors, front porches and backyards.

"We've had such a long winter, and everybody's ready for some colour," said Erin McLaughlin, editor-in-chief at Style at Home magazine.

McLaughlin said they're seeing bright splashes of colour, such as a gallery of inexpensive prints in vibrant hues. Yellow is the standout shade for spring and pairs well with grey or black.

"It could be an enamel lampshade; it could be that you're taking an old chandelier and spray-painting it bright, bright yellow," she said. "It's really a hot look right now."

She also suggested teaming a favourite hue with complementary colours, like dark and pale blues paired with a fresh green or yellow accent. McLaughlin recommended homeowners consider painting the front door in a high-gloss colour and updating hardware with brass accents.

There is no shortage of illuminating options which fuse style with function. Among fresh alternatives are colour-changing



Bright yellows and patterns are a great way to spruce up your space for spring. THE CANADIAN PRESS/HOMESENSE

LED lights, rechargeable LED cubes and a wireless vase with programmable remote available in a variety of hues.

Homeowners missing the glow of festive lighting can put retro string lights with exposed filament bulbs under an outdoor umbrella or clustered along a fences. HomeSense spokeswoman Hilary Smyth said florals are showing up on everything from rugs and artwork to table-

top accessories and cushions.

"The key to florals this season is to go bright and bold and pair them with graphic black-andwhite stripes or polka dots."

Smyth said block-printed textiles are a decorator favourite, and there are plenty of options for spring with bedding, throw cushions, draperies and placemats in a pretty palette of turquoise, pink, purple and orange.

THE CANADIAN PRESS





Soak up salt's scent, flavour and aura — in the kitchen and beyond. With an all-time popu-

larity, salt is coming home in style.



1 Himalayan Iconic Natural Salt Lamp Pure the air and bring calm to your

space. \$30, HomeDepot.ca

2 Detox Dead Sea Bath Salts

Add lavender and eucalyptus-infused sea salt to your bath and relax. \$19, Chapters.Indigo.ca

3 RIVSALT

Don't shake — grate. A new way to present salt on the dinner table. \$33, Kikkerland.com

4 Villeroy & Boch's Artesano Salt Shaker

Glass, cork and metal combine to complement the modern farm table. \$12, TheBay.com

5 Salt In The Air pillow

Dreaming of morning walks on the beach.

6 Sea Salt and Driftwood Triple-Wick Candle

Close your eyes and inhale yourself to the east coast. \$28, Chapters.Indigo.ca



Inexperienced Jets seek franchise's first playoff win

NHL

Post-season newcomers look to learn 'on the fly'

After the Atlanta Thrashers were swept in the 2007 playoffs, Jim Slater never imagined that would be the last playoff game for a group that had Marian Hossa, Ilya Kovalchuk and more.

"When you make it into the playoffs at a young age, you think you're going to be there for a while and it's going to be year after year," Slater said.

That group never made it back before the team left Atlanta, and it took until the fourth season as the Winnipeg Jets to qualify for the post-season. They'll try to win the first playoff game in franchise history in Game 1 against the Anaheim Ducks on Thursday night.

"It feels good because this group I think's ready for the challenge and ready to go," said Slater, the one holdover from the 2007 playoff team that lost to the New York Rangers. "I've wanted to stick it out for this moment, to see this team succeed. We have a very good opportunity to do that."

History looms not just for the 15-year-old franchise, but the nine Jets players who will dress for their first Stanley Cup



Blake Wheeler and the Jets are green when it comes to playoff experience, especially when compared to Francois Beauchemin and the Ducks. JONATHAN MOORE/GETTY IMAGES

playoff game: goaltenders Ondrej Pavelec and Michael Hutchinson, forwards Bryan Little, Mark Scheifele, Chris Thorburn, Jiri Tlusty and Adam Lowry and defencemen Tobias Enstrom and Jacob Trouba.

Even with Cup winners Dustin Byfuglien and captain Andrew



Hopefully there's a lot of games in front of us.

Ondrej Pavelec

Ladd around, the Jets' playoff experience pales in comparison to Anaheim's. But Winnipeg coach Paul Maurice considers getting to the playoffs "a gate you have to pass through."

"We want this, all of it: the pressure, the excitement, the change in pace to this game, all

of it," Maurice said after practice Wednesday at the Honda Center in Anaheim. "We've got to soak it all in, we've got to learn from it and we're hoping to do that on the fly."

The Ducks have already done this on the fly and still have captain Ryan Getzlaf, winger Corey Perry and defenceman Francois Beauchemin left from their 2007 Cup team. Back then Getzlaf enjoyed not knowing any better, but for the Jets that's the great unknown.

"If you haven't played in an NHL playoff game, all you've done is heard about how much the game is ramped up — the tempo, the physicalness, everything," Anaheim coach Bruce Boudreau said. "I think for (first-time) guys, all they've got to go on is their nerves."

Former Jets and Thrashers broadcaster Dan Kamal sees the franchise's return to the playoffs as a testament to doing things right as an organization.

"I don't think you can take shortcuts, and I think they had some tough years in Winnipeg because Kevin Cheveldayoff stuck to the plan, and I think they're starting to see the results of that plan," Kamal said in a phone interview Tuesday. "They're starting to see the foundation being built in a way that can bring you success and maybe more importantly can hopefully sustain that success."

THE CANADIAN PRESS

NHI

Bruins fire GM Chiarelli

The Boston Bruins fired general manager Peter Chiarelli on Wednesday, days after missing the playoffs for the first time in eight years and just four seasons after the franchise won its first Stanley Cup title since 1972.

The statement from the team said coach Claude Julien and the rest of his staff "will remain in place at this time."

"I don't want to take away anything that Peter accomplished here," Bruins president and Hall of Fame forward Cam Neely said at a news conference.



Being a failure doesn't mean there has to be a complete overhaul of everything.

Peter Chiarelli

"I mean, he's going to go down in history as the GM that brought the Stanley Cup back to Boston, the first time in 39 years, so that says a lot about his abilities as a general manger ... We just felt moving forward was the best thing for us to do."

No interim was named, and Neely said the team will conduct an "exhaustive" search for a permanent replacement. THE ASSOCIATED PRESS



NHL HABS GRAB SERIES LEAD Canadiens goaltender Carey Price makes in front of teammate Tom Gilbert and the Senators' Erik Condra during Game 1 of their opening-round series in Montreal on Wednesday. The Habs scored four times in the second period and won 4-3. RYAN REMIORZ/THE CANADIAN PRESS

TRIAL

Hernandez found guilty of murder

Former New England Patriots star Aaron Hernandez was convicted of first-degree murder and sentenced to life in prison Wednesday for a deadly latenight shooting, sealing the downfall of an athlete who once had a \$40-million contract and a standout career ahead of him.

Hernandez, 25, who had been considered one of the top tight ends in professional football, shook his head, pursed his lips and sat down after the jury forewoman pronounced him guilty

36

The jury deliberated for 36 hours before rendering its verdict

in the slaying of Odin Lloyd, a 27-year-old amateur weekend football player who was dating the sister of Hernandez's fiancée. THE ASSOCIATED PRESS



Nationals deny Red Sox a three-game sweep

Considering the way the first two games went, the Washington Nationals found a reason to leave Boston feeling pleased.

Wilson Ramos hit a three-run double and Ian Desmond blasted a solo homer during Washington's six-run third inning, and the Nationals beat the Red Sox 10-5 Wednesday to avoid a three-game sweep.

Boston has a record of 6-3, while Washington is 3-6. THE ASSOCIATED PRESS

Phelps wants to compete at the Rio Olympics

Michael Phelps confirmed Wednesday his intention to compete in a fifth Olympics next year in Rio, although the 18-time Olympic champion won't swim in the world championships this summer.

Phelps said he won't be swimming at the world meet in Russia in August as part of his six-month suspension by USA Swimming after a second drunken driving arrest last fall.

22 Thursday, April 16, 2015 metr

SPORTS

'Peg back to make things white

VIEW FROM THE 300S
Andrew
'Hustler'
Paterson

It's showtime, Winnipeg. Break out the whites.

Through a stressful final month of the NHL regular season, and much to the delight (and relief) of their rabid fans, the Winnipeg Jets closed the deal last week and are ready to begin the Stanley Cup playoffs tonight in Anaheim, Calif.

After 19 years of hoping and waiting, the entire city of Winnipeg is poised to get the whites out and recreate the incredible playoff atmosphere that made Winnipeg famous in the '80s and '90s before the team moved to the desert to become the Coyotes.

Monday night at MTS Centre, that wait is over as the series shifts back to Winnipeg for games three and four, and if you are lucky enough to have a ticket to the game you might want to bring some earplugs. It is going to be bedlam.



Dez Pope looks for her new white Winnipeg Jets apparel in the Jets Gear store in Winnipeg Friday. Thousands of Jets fans lined up to get their hands on such apparel after a "whiteout" was announced for their team's home playoff games. THE CANADIAN PRESS

These are special times around these parts. We all know the history. We remember the dark times. Fans of the Winnipeg Jets have paid their dues to say the

least. And when the puck drops Monday at MTS Centre the entire hockey world will realize why the smallest market in the NHL was able to get back in the game. But as much as the current conversation locally is about being back in the playoffs and the return of the white out, pundits around the hockey world have taken

notice of the Jets and what they have done to put themselves in this position.

The Jets may be an underdog but by no means will they be an easy out. With probably the most wideopen playoff tournament in recent history, anything can happen over the next two months.

Throw out the preseason predictions and the regular season records and get ready to drop the puck.

The Jets have an experienced coach and a fast, big and physical team that seems built for the playoff grind. After injury issues throughout the year, the team is as deep and healthy than at any point this season, while goaltender Ondrej Pavelec finished the NHL season playing the best hockey of his career. They will also benefit from a home ice advantage unlike anything they have ever seen.

As Winnipeg prepares to bring back the whiteout and reclaim a cherished playoff tradition, the players in the Winnipeg Jets dressing room have an opportunity to create a new tradition of their own: winning in the post season.

Hockey into May — and what the hell — June. Why



RECIPE Potato Rosto with Sunny Side Up Egg and Smoked Salmon



Rose Reisman rosereisman.com

A delicious root vegetable patty served with a sunny side up egg and smoked salmon makes a great light dinner served alongside a large tossed salad.

Ready in

Prep time: 10 minutes Cook time: 20 minutes

Directions

- 1. Preheat oven to 400 F. Line a baking sheet with foil and spray with vegetable oil.
- 2. Squeeze out all moisture from grated potatoes. Add to bowl along with onion, flour, salt and pepper. Make 6 large potato pancakes on baking pan. Spray with vegetable oil and bake for 20 minutes, turning over after 15 minutes.
- 3. In two large skillets sprayed with vegetable oil, crack 6 whole

eggs and cook sunny side up, just until whites are cooked and yolk is still slightly loose.

4. Divide yogurt over potato cake, then add smoked salmon and carefully place one egg over each pancake.

Ingredients

Serves 6

- · 4 cups peeled grated baking potato (approximately 2 - 12 oz potatoes)
- · 6 eggs, divided
- 1/4 cup grated onion
- 2 Tbsp all-purpose flour
- Salt and pepper
- · 2 Tbsp plain Greek yogurt
- 2 oz diced smoked salmon

Nutritional information per serving (1 pancake)

- Calories 158
- · Carbohydrates 14.4 g
- Fibre 1.2 g
- Protein 9 g
- Fat 5 g
- Saturated fat 1.5 g
- · Cholesterol 200 mg • Sodium 232 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS 1. Stitches-needing reason 5. Chump 10. Plane travel needs [abbr.] 14. Choir voice 15. Leading 16. Canadiens, to NHI fans 17. Vending machine opening 19 Genetic messengers, commonly 20. of smoke 22. Formidable frozen formations 24. No, in Munich 25. Tea. in Tadoussac 26. Religious robe 27. Newfoundland's flower 2 wds

insect-eating provincial 32. Answers/fixers of problems, for short . 35. Blood-typ-

ing letters 36. Magic _ (Mr. Clean product) 37. _ pro nobis (Pray

for us, in Latin) 38. Suffix with 'Second' 39. Ms. Babilonia of

figure skating 40. Payer's pledge 41. Sleeveless cardigan/ iacket alternative 43. Rumer's 2015

DWTS pro partner 44. Ms. Heche 45. Endeavour __ Vents (Marine Protected Area offshore from Vancouver Island)

48. Composer's

li'l output

material 50. Home theatre purchases . 53. "Where the Sun Don't Shine" Ottawaborn singer, _ Maria 56. Quibbles 58. La _ (Weatheraffecting phenomenon in the equa-

49. Excavated

62

torial Pacific) 59. Wild dog of Australia 61. Old World buffalo 62. Performed perfectly 63. Finished 64. High-pitched barks 65 Put forward

63

an idea 66. Plaving marble material, perhaps 67. Ladies

29

DOWN 1. "Egad!" sound interpretation _ '__ the Family": 2 wds. 3. Shoulder scarf

4. "M*A*S*H" character, 'Houlihan 5. Pretoria, _. 6. Steeped beverage

64

7. Disney animated movie work song 8. Actress Ms. Matlin 9. Ancient con-10. 1975 Ali/Frazier

bout nickname, in Manila 11. Body of water between Nunavut's Ellesmere Island and Greenland: 2 wds. 12. Alpiner's ascending aid 13. Leaky balloon sounds 21. Tropical cuckoo 23. Calf-length pant 25. Frozen dessert chain [acronym] 28. Psychic fair card 29. Domain 30. City sign's light 31. "__ Blue" by Madonna 32. Student status. shortly 33. '__ Plata' (Montana's state motto) 34. Cause that Princess Diana was involved in towards the end of her life 38. "..._ of golden daffodils..." Wordsworth 39. Weight allowance 42. Movement/ campaign 43. Porch 44. "Archie, Marry Me" band from Toronto 46. Perfecting 47. Oklahoma city 51. Singer Ms. Washington 52. Slippery_ 53. Start to 'sack' (Backpack) 54. Puerto's partner 55. Concept 56. Encrypt 57. Back talk 60. Understand

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 The approaching new moon puts you in the mood to have fun, so make sure you get whatever work you have to do out of the way before the weekend.

Taurus April 21 - May 21 The most important thing now is that you make a serious effort to look on the bright side, no matter what may occur. Sometimes you have a tendency to fear the worst but today, tomorrow and over the weekend it's going to be all good.

Gemini May 22 - June 21 You will find it easier to work with other people today, and they will find it easier to work with you. If there is anything you have fallen out over recently then now is the time to discuss your differences.

Cancer June 22 - July 23

Some things are personal and some things are business. Do you know how to tell them apart? Try not to get upset about things that are not aimed at you directly.

Leo July 24 - Aug. 23 If you have been a bit under the weather of late don't worry about it. In a matter of days you will be back to your best and looking and feeling like a million dollars.

Virgo Aug. 24 - Sept. 23 Yes, you have been living beyond your means. Yes, you have been wasting your resources on things you don't really need. But the fact that you can admit that to yourself means there is hope. Be more responsible as from today.

Libra Sept. 24 - Oct. 23 You will make new friends over the

next few days but you will make an enemy or two as well. Don't let that worry you though as, on balance, you will come out way ahead.

Scorpio Oct. 24 - Nov. 22 Get a grip on your working routine and make sure you are not doing things for other people that they should be doing for themselves. The approaching new moon will help you get rid of the hangers-on - of which there are plenty!

Sagittarius Nov. 23 - Dec. 21 You need to be adventurous and you need to be courageous but most of all you need to truly believe that you have what it takes to be the biggest and the best. Think you can do all that? Then you can do anything. So do it!

Capricorn Dec. 22 - Jan. 20

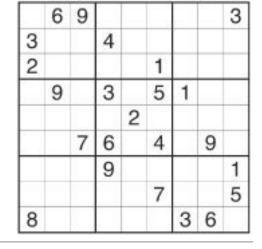
Family matters will be even more important than usual over the next few days and you will have to make allowances for loved ones and relatives who get emotional for no good reason. Unlike you they are lacking in self-control.

Aquarius Jan. 21 - Feb. 19 Try not to see each and every situation you face as a battle to be won or lost. People are not the enemy, not even those people whose views and opinions you despise. Try talking to them instead of shouting at them today.

Pisces Feb. 20 - March 20 Watch what you spend today or tomorrow or you may have nothing left come the weekend, and that would be a shame as the planets suggest there will be a last-minute invitation to a party or a social event you won't want to miss.

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9





Everyone's entitled to YOUR opinion

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.

Answer short, online surveys
 Tell us how we're doing
 Every completed survey gives you a chance to win a \$25 gift card



"You bring new life to this relationship."





Multi-Material Stewardship Manitoba

INDUSTRY FUNDING RECYCLING



Save water – there's no need to wash recyclables before you put them in the bin.



SimplyRecycle.ca